



## JYOTISHA GEM RECOMMENDATION

Name	<b>Saraswati Devi</b>
Gender	<b>Female</b>
Date of Birth	<b>20 Sept 1979</b>
Time of Birth	<b>12:00 noon</b>
Place of Birth	<b>New York, NY - USA</b>

### **Namaste Saraswati:**

It is important to appreciate that gems do not possess 'magical' powers, and superstition toward gemstones is not warranted. Flawless gems, which are properly energized by mantra and positive intention, have a "signal-repeater" capacity similar to a radio crystal.

### **HOW JYOTISHA GEMSTONES WORK**

Positioned at sensitive points along the body's psychic nerve system, pure Jyotisha remedial ratna can strengthen and repeat the higher thoughts which one is consciously or unconsciously thinking and believing. The nature of the thoughts and beliefs which one holds are critically important to getting successful results from wearing a flawless gemstone.

Each person is born with a 'default' set of beliefs and expectations. Each graha represents an area of belief.

1. Surya plays out beliefs about divine creativity, entitlement, and intelligence.
2. Chandra projects beliefs about nurturance, emotional rhythms, shelter, and belonging.
3. Mangala expresses one's subconscious expectation regarding movement and vitality.
4. Budha articulates beliefs about one's logic, mentality, messages, and thoughts.
5. Guru expresses deep convictions about abundance, generosity, and expansion.
6. Shukra carries out beliefs about peer relationships, pleasures, and material wealth.
7. Shani manifests certainty about material survival, social law, and Time.
8. Rahu expresses expectations of excitement, ambition, and desire.
9. Ketu carries out expectations regarding break-ups and spiritual detachment.



## REJUVENATION AND POSITIVE CHANGE

Each graha rules a particular *amsha*, receives drishti, and has other specialized characteristics which determine the beliefs and expectations that the native will carry into this life. With sufficient spiritual attention, these thoughts are fully capable of rejuvenation and improvement at the source.

However, most people will operate with an essentially unchanging, repetitive, habitual set of inborn subconscious expectations, throughout their busy lives.

Gem prescriptions are made on the presumption that the karma of habitual thought and belief will remain largely unchanged during the person's life. However, it is important to appreciate that this karma (the mandate to act and react) can be changed through reflective intention at any time.

Nevertheless, the compulsion toward repetitive, culturally-reinforced thought is so strong that most people indeed do not take the initiative to change it. , for better or for worse, gem prescriptions based on the condition of the planets at birth do tend to be quite accurate.

## PHILOSOPHY OF GEM PRESCRIPTION

There is a school of Jyotisha practice called “pratikula” which philosophizes that strengthening a naturally malefic graha is an effective method of reversing its karma. I do not agree with this school of thought. My understanding is that the remedial power of gemstones consists in the ability of a pure, flawless, non-heat-treated gem to conduct and amplify our subconscious expectations.

Our most subtle thoughts are very fine-granulation. In busy daily life, we are not normally aware that we are repeating a pattern of thoughts and expectations constantly, day-in and day-out. However this subtle pattern of imagery and instruction is going on all the time.

The power of the gems is to pick up these subtle thoughts, similar to the way a radio crystal picks up a radio signal. The flawless gemstone then amplifies the signal so we can hear it clairaudiently, as a voice of “intuition” or inner counsel.

Each graha has its own program of thoughts and instructions carried over from past lives into the current life. I believe it is beneficial to strengthen the instructions which come from benefic *subha-graha*, but it is never beneficial to strengthen the instructions which are emitting from the malefic *papa-graha*.



### **WEAK BENEFICS ONLY = Anukula**

The **Anukula** method of Jyotisha ratna prescription used in this recommendation for you, Saraswati. The Anukula method intends to **strengthen weak natural or temporal benefics only**. A benefic planet = *subha-graha* represents positive subconscious expectations and inner faith in Divine providence. Only positive messages will be selected for strengthening.

If a graha has the *dharmic* qualities of a trine lord (1, 5, or 9) the traditional rules of Jyotisha suggest that under appropriate circumstances (proper intention, proper energizing of the gem, and correct timing of application) a gem can help strengthen positive outcome from the good thoughts which guide the action of the graha action in this lifetime.

Let's have a look at the graha in your kundali, Saraswati, to determine which gemstones might be beneficial for you.

<b>Radix lagna</b>	4th quarter (pada) of <b>Vishaka (Bishaja)</b> nakshatra, ruled by Guru
<b>Chandra</b>	4th quarter (pada) of <b>Purvaphalguni</b> nakshatra, ruled by Shukra
<b>Swamsha</b>	Navamsha lagna Karkata = <b>Ashlesha</b> nakshatra (based on 12:02 hrs birth time)
<b>Atmakaraka</b>	<b>Chandra</b>
<b>Karakamsha</b>	<b>Vrischika = 1st radix</b>
<b>Arudha Lagna</b>	<b>Meena = 5th radix</b>
<b>10<sup>th</sup> navamsha (career)</b>	<b>Mesha</b> (based on 12:02 hrs birth time)



<b>Surya</b>	
<b>Observations</b> <b>SURYA</b>	<ul style="list-style-type: none"><li>• Surya = Lord of 10th bhava Simha, counted from Vrischika lagna</li><li>• Surya occupies Kanya rashi in bhava-11</li><li>• Surya = lord of 2nd navamsha</li><li>• Surya yuti Budha + Shukra</li><li>• Surya accepts graha drishti from Rahu</li></ul>
According to Dr. G. S. Kapoor. (1994). <i>Gems and Astrology</i> . Ranjan Publications, New Delhi. p. 89	<p><i>“For the Scorpio (Vrischika) Ascendant,</i></p> <ul style="list-style-type: none"><li>• <i>Sun is lord of the 10th house. Sun is a friend of Mars the lord of Scorpio Ascendant.</i></li></ul> <p><i>Therefore , wearing of a Ruby for the native of this Ascendant</i></p> <ul style="list-style-type: none"><li>• <i>will bestow him with honours, promotions and <b>great political power.</b></i></li><li>• <i>He will achieve great success in his ventures if he is a businessman or industrialist...</i></li></ul> <p><i>The wearing of Ruby will prove very helpful</i></p> <ul style="list-style-type: none"><li>• <i>if there are obstructions in the achievement of success on account of inauspicious disposition or affliction, in any way, of Sun in the birth chart.</i></li></ul> <p><i>The results will be more pronounced</i></p> <ul style="list-style-type: none"><li>• <i>in the major period and sub-periods of Sun. ”</i></li></ul>
<b>Ratna Prescription</b> <b>manika</b>	<ul style="list-style-type: none"><li>• Surya = does not rule a trine house (not 1, not 5, not 9)</li><li>• Surya does not qualify as a weak benefic (anukula method).</li><li>• Most graha in this nativity have a positive relationship with Surya the Sun.</li><li>• <b>Ruby = Ravi-ratna (manika) = recommended</b> as a lifetime gem from this point forward until Ketu mahadasha onset age 94. Remove the Ruby permanently after age 94.</li></ul>



<p><b>Cautionary Vimshottari Dasha periods SURYA</b></p>	<p>Surya = 8<sup>th</sup> from Ketu</p> <ul style="list-style-type: none"> <li>• Periods of Ketu-Surya suggest sudden changes of identity linked to a cycle of self-destruction and rebirth.</li> <li>• The major period of Ketu-Surya occurs very late in life.</li> </ul>
<p><b>Instructions for application:</b></p> <p><b>Ruby = <i>manika</i> = Surya-ratna</b></p>	<ul style="list-style-type: none"> <li>• Set in gold.</li> <li>• Place on the third finger ("ring finger")</li> <li>• of right hand</li> <li>• on a Sunday.</li> <li>• Chant the Surya mantra. "<b><i>Aum grinih suryaya namah</i></b>"</li> <li>• Repeat 7 times</li> </ul>
<p>According to Dr. G.S. Kapoor <b><i>Gems and Astrology</i></b>, Ranjan Pub, Delhi. 1994, p. 91</p>	<p><i>"...The Ruby to be worn should be</i></p> <ul style="list-style-type: none"> <li>• <i>at least 2-1/2 carats in weight and should not have Inauspicious flaws...</i></li> <li>• <i>It should be got set in a ring of gold mixed with copper</i></li> <li>• <i>on a Sunday, Monday or Thursday.</i></li> </ul> <p><i>This ring should be</i></p> <ul style="list-style-type: none"> <li>• <i>a touching ring so that the stone touches the skin.</i></li> </ul> <p><i>The ring should be worn</i></p> <ul style="list-style-type: none"> <li>• <i>as soon as possible after Sunrise</i></li> <li>• <i>on a Sunday of the bright half of the lunar month.</i></li> <li>• <i>...The ring should be worn in the ring (third) finger.</i></li> </ul> <p><i>The Ruby is a very expensive gem stone. Those who cannot afford to purchase a Ruby can use any of the following substitutes</i></p> <ul style="list-style-type: none"> <li>• <i>Red Spinel, Star Ruby, Pyrope Garnet, Red Zircon or Red Tourmaline.</i></li> </ul> <p><i>It should, however, be noted that</i></p> <ul style="list-style-type: none"> <li>• <i>Ruby or its substitutes should never be worn with Diamond, Blue Sapphire, Gomedha and Cat's Eye and their substitutes.</i></li> </ul>



<b>Chandra</b>	
<b>Observations</b> <b>CHANDRA</b>	<ul style="list-style-type: none"><li>• Lord of <b>9th bhava</b> from Vrischika lagna</li><li>• Purvaphalguni Chandra occupies domain-10</li><li>• Chandra = lord of 1st navamsha</li><li>• Chandra yuti Guru + Rahu + Shani</li><li>• Chandra accepts no graha drishti</li><li>• <b>Atmakaraka</b>= the graha of highest spiritual aspiration = you seek to manage significant social responsibilities with political sensitivity and charismatic empathetic charm</li></ul>
<b>Further observations</b>	<ul style="list-style-type: none"><li>• In Purvaphalguni nakshatra ruled by Shukra, dharmapati Chandra in 10 seeks emotional stability and security through involvement with leadership roles, women, and politics.</li><li>• The yoga = Chandra + Rahu + Shani provides a strong ambition to obtain entitlements of public visibility and social recognition.</li></ul>
According to:  Dr. G.S. Kapoor, <b>Gems and Astrology</b> , Ranjan Pub, Delhi. 1994, p. 94	<p><i>"For the Scorpio Ascendant,</i></p> <ul style="list-style-type: none"><li>• <i>Moon is the lord of the ninth house; the house Bhagya (fortune).</i></li></ul> <p><i>Therefore, wearing of a Pearl to the natives of this ascendant</i></p> <ul style="list-style-type: none"><li>• <i>would prove very beneficial.</i></li><li>• <i>This promotes religious and charitable inclinations and purity of mind,</i></li><li>• <i>brings good fortune and will prove good for the longevity of father.</i></li><li>• <i>Wearing of a Pearl always will prove very beneficial</i></li></ul> <p><i>If Moon is not well disposed or afflicted in any way,</i></p> <ul style="list-style-type: none"><li>• <i>the wearing of Pearl with a Red Coral for persons with Scorpio Ascendant will do immense good to them."</i></li></ul>



<p><b>Ratna Prescription For Chandra</b></p>	<ul style="list-style-type: none"> <li>• As L-9, Chandra = a trikona lord</li> <li>• Chandra = a weak benefic</li> </ul> <p><b>Chandra-ratna = Moti = flawless natural Vedic pearl = recommended to wear</b></p> <ul style="list-style-type: none"> <li>• during mahadasha of Rahu,</li> <li>• during mahadasha of Guru.</li> </ul> <p>Remove</p> <ul style="list-style-type: none"> <li>• during mahadasha of Shani (although OK to wear pearl during subperiod of Shani-Chandra),</li> <li>• remove during mahadasha of Budha</li> <li>• remove during mahadasha of Ketu.</li> </ul>
<p>Instructions for application:</p> <p><b>Flawless Natural Pearl = moti, mukti = Chandra-ratna</b></p>	<ul style="list-style-type: none"> <li>• Set in silver or platinum.</li> <li>• Place on the <b>ring finger</b> of the <b>right hand</b> (ring finger = adjacent to the "pinkie", second from the edge of the palm),</li> <li>• on a <b>Monday night</b>.</li> <li>• Chant the Chandra mantra. "<b>Aum som somaya namah</b>"</li> <li>• Repeat <b>11</b> times</li> </ul>
<p>Instructions for application:</p> <p>Dr. G.S. Kapoor, <b>Gems and Astrology</b>, Ranjan Pub, Delhi. 1994, p. 95</p>	<p><i>"...The Pearl to be worn</i></p> <ul style="list-style-type: none"> <li>• <i>should be of 2, 4, 6 or 11 carats.</i></li> </ul> <p><i>It should be purchased and set</i></p> <ul style="list-style-type: none"> <li>• <i>in a silver ring</i></li> <li>• <i>on Monday or Thursday (never Saturday)</i></li> </ul> <p><i>and after observing the other rituals mentioned earlier</i></p> <ul style="list-style-type: none"> <li>▪ <i>and reciting the Mantra "Aum som somaya namah" 108 times, the ring should be worn</i></li> <li>• <i>on a Monday morning, in the bright half of the lunar month.</i></li> </ul> <p><i>Those who cannot afford to buy a Pearl</i></p> <ul style="list-style-type: none"> <li>• <i>can wear Moon-stone ...</i></li> </ul> <p><i>The ring should be worn</i></p> <ul style="list-style-type: none"> <li>• <i>in the ring finger of the right hand. "</i></li> </ul>



<p>Cautionary Vimshottari dasha periods</p> <p><b>CHANDRA</b></p>	<p>Chandra =12<sup>th</sup> from Surya + Shukra + Budha</p> <ul style="list-style-type: none"> <li>• Periods of Surya-Chandra, Shukra-Chandra, and Budha-Chandra generally share an effect of exhaustion of the life-force vitality combined with an energy shift into the private, less visible practice of meditation and prayer.</li> <li>• These are auspicious periods for foreign travel, sanctuary healing work, and other activities that involve the temporary loss of bright personality identity so that one may focus more on the non-fleshly developments of the soul</li> </ul>
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<b>Mangala</b>	
<p><b>Observations</b></p> <p><b>MANGALA</b></p>	<ul style="list-style-type: none"> <li>• neechchamsha ruler of 1 and 6 from Vrischika lagna</li> <li>• Mangala = Yogakaraka Lord of 4 and 9 from Simha-Chandra</li> <li>• Mangala = Yogakaraka Lord of 5 and 10 navamsha</li> <li>• Kuja = lagnesha = always a favorable graha</li> <li>• Mangala accepts no graha drishti</li> </ul>
<p><b>Ratna Prescription</b></p> <p><b>Moonga</b></p>	<ul style="list-style-type: none"> <li>• Mangala the lagnesha does rule a trikona from lagna ( 1)</li> <li>• Mangala does qualify as a weak benefic</li> <li>• Mangala is a yogakaraka graha from the Chandra lagna and within the navamsha</li> <li>• <b>Moonga (Red Coral) = Kuja-ratna = strongly recommended.</b></li> </ul>
<p>According to:</p> <p>Dr. G. S. Kapoor. (1994). <b>Gems and Astrology</b>. Ranjan Pub., New Delhi. p. 98</p>	<p><i>"For the Scorpio Ascendant,</i></p> <ul style="list-style-type: none"> <li>• <i>Mars is lord of the Ascendant (and also of the 6th).</i></li> <li>• <i>But his lordship of the Ascendant will prevail over the lordship of the sixth house.</i></li> <li>• <i>The <b>Red Coral will be beneficial</b> to the native in the same manner as for the Aries Ascendant..."</i></li> </ul>



<p>Cautionary Vimshottari dasha periods</p> <p><b>MANGALA</b></p>	<p>Mangala = 6th from Ketu</p> <ul style="list-style-type: none"> <li>• Periods of Ketu-Mangala may produce some somaticized health challenges which originate in childhood memories (Ketu-4) of scattering and uncertainty in the home.</li> <li>• Psychological therapy may be effectively combined with a physical approach when dealing with these unfolding expressions of cellular memory.</li> </ul> <p>Mangala = 12th from Guru + Rahu + Shani + Chandra</p> <ul style="list-style-type: none"> <li>• Periods of Guru-Mangala, Rahu-Mangala, Shani-Mangala, and Chandra-Mangala and Budha-Mangala may produce a draining effect upon the life-force vitality.</li> <li>• The father's behavior can be unethical or perhaps a passive-aggressive emotional pattern will surface. Self-compassion is essential as these periods often feel conflicted.</li> </ul>
<p>Instructions for application:</p> <p><b>Flawless Red Coral = moonga = Mangala-ratna</b></p>	<ul style="list-style-type: none"> <li>▪ Set in gold or copper (or a gold-with-copper mix).</li> <li>▪ Place on the <b>1st or 4th finger</b> of the <b>right hand</b>, First finger = index finger,</li> <li>▪ on a <b>Tuesday</b> .</li> <li>▪ Chant the Mangala mantra. "<b><i>Aum ang angarakaya namah</i></b>"</li> <li>▪ Repeat 19 times</li> </ul>
<p><b>BPL purchase Note:</b></p>	<p><b>Pure Red Coral</b> can be especially tricky to purchase. Unscrupulous vendors may dye the coral to enrich its surface color; also the natural cracks in this animal-to-mineral substance may be injected with resin.</p> <p>Be sure to purchase only a Jyotisha-remedial authenticated coral. A certified gemologist should inspect the coral in order to confirm that any cracks in the Coral have not been filled with resin.</p>



<p>Instructions for application:</p> <p>Dr. G.S. Kapoor, <b>Gems and Astrology</b>, Ranjan Pub, Delhi. 1994, p. 95</p>	<p><i>"...The weight of the stone</i></p> <ul style="list-style-type: none"><li>▪ <i>should not be less than 6 carats.</i></li></ul> <p><i>The stone should be purchased and got set in the ring</i></p> <ul style="list-style-type: none"><li>▪ <i>on a Monday, Tuesday or Thursday.</i></li></ul> <p><i>The ring, after observing the usual rituals,</i></p> <ul style="list-style-type: none"><li>▪ <i>should be worn one hour after Sunrise</i></li><li>▪ <i>on a Tuesday of the bright half of the lunar month</i></li><li>▪ <i>in the <b>ring finger of the right hand.</b></i></li><li>▪ <i>The mantra should also be recited 108 times before wearing the ring.</i></li></ul> <p><i>Red Coral is not a very costly stone and we should recommend that for remedial purposes only the Red Coral should be used.</i></p> <p><i>Its substitutes, however, are</i></p> <ul style="list-style-type: none"><li>▪ <i>Sang Moongi, Carnelian and Red Jasper.</i></li><li>▪ <i>Carnelian is the best substitute. It is cheap and easily available.</i></li></ul> <p><i>Important:</i></p> <ul style="list-style-type: none"><li>▪ <i>Emerald, Diamond. Blue Sapphire, Gomedha and Cat's Bye and their substitutes should never be worn with Red Coral and its substitutes."</i></li></ul>
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<b>Budha</b>	
<p><b>Observations</b></p> <p><b>BUDHA</b></p>	<ul style="list-style-type: none"><li>• Uchchamsha Budha occupies <b>domain-11 in Kanya</b> rashi</li><li>• Lord of domain 8 and 11 from Vrischika lagna</li><li>• L-11 and L-2 from Simha-Chandra</li><li>• Budha = lord of 3-12 navamsha</li><li>• Budha accepts no graha drishti</li></ul>



<p><b>Ratna Prescription</b> <i>panna</i></p>	<ul style="list-style-type: none"> <li>• Budha does not rule a trikona bhava from lagna ( not 1,not 5, not 9 )</li> <li>• Mangala the lord of Vrischika sees Budha as an enemy</li> <li>• <b>Budha-ratna emerald = <i>panna</i></b> = not recommended</li> <li>• <b>Green clothing</b> and planting of <b>green plants</b> especially donations of <b>trees</b> will have a remedial effect, better than a green gemstone</li> <li>• Also the publication of <b>green imagery</b> such as ecological and environmental promotions</li> </ul>
<p>According to Dr. G. S. Kapoor. (1994). <i>Gems and Astrology</i>. Ranjan Pub., New Delhi. p. 101</p>	<ul style="list-style-type: none"> <li>• <i>"Mercury is lord of the 8th and the 11th.</i></li> </ul> <p><i>Therefore,</i></p> <ul style="list-style-type: none"> <li>• <i>Mercury is not considered an auspicious planet for this Ascendant..."</i></li> </ul>
<p><b>Cautionary Vimshottari Dasha periods BUDHA</b></p>	<p>Budha = 8<sup>th</sup> from Ketu</p> <ul style="list-style-type: none"> <li>• Periods of Ketu-Budha suggest sudden changes of identity linked to a cycle of self-destruction and rebirth.</li> <li>• The major period of Ketu-Budha occurs very late in life.</li> </ul>

<b>Guru</b>	
<p><b>Observations</b> <b>GURU</b></p>	<ul style="list-style-type: none"> <li>• Brihaspati = lord of 2 and 5 from Vrischika lagna</li> <li>• Brihaspati = L-5 and L-8 from Simha-Chandra</li> <li>• Guru = lord of 6 and 9 navamsha</li> <li>• No Incoming graha drishti</li> <li>• Guru yuti Shani + Chandra + Rahu</li> </ul> <p><b>Lord of the Arudha Lagna Meena = Guru.</b></p> <ul style="list-style-type: none"> <li>• The arudha lagna influences public opinion, reputation, public belief about who you are, your worth and your role (what the public sees may easily be an illusion). Overall the public view is positive seeing you as a philosopher (Guru) and a romantic, creative personality (Meena, 5).</li> </ul>



<p>According to: Dr. G. S. Kapoor. (1994). <b>Gems and Astrology</b>. Ranjan Publications, New Delhi. p. 108:</p>	<p><i>"Jupiter will be</i></p> <ul style="list-style-type: none"> <li>▪ <i>lord of the 2nd and 5th houses.</i></li> </ul> <p><i>Being lord of 5th house, a Trine,</i></p> <ul style="list-style-type: none"> <li>▪ <i>Jupiter is considered an auspicious planet for this Ascendant.</i></li> </ul> <p><i>Apart from this,</i></p> <ul style="list-style-type: none"> <li>▪ <i>Mars, lord of this Ascendant, is a friend of Jupiter.</i></li> </ul> <p><i>Consequently</i></p> <ul style="list-style-type: none"> <li>▪ <i><b>Yellow Sapphire is a very suitable stone for the natives of this Ascendant</b></i></li> <li>▪ <i>and more so in the major period of Jupiter and his sub-periods.</i></li> </ul> <p><i>It will prove more profitable</i></p> <ul style="list-style-type: none"> <li>▪ <i>if worn along with Red Coral -- the gem stone of the lord of this Ascendant. "</i></li> </ul>
<p><b>Ratna Prescription</b> <i>Yellow Sapphire (Pukhraj)</i></p>	<ul style="list-style-type: none"> <li>• Guru rules a trinal house from Vrischika lagna (5)</li> <li>• Brihaspati does qualify as a weak benefic</li> <li>• Guru is a strong friend of Mangala lagnesha</li> <li>• Guru rules a trine from Chandra lagna</li> <li>• Guru rules a trine from navamsha lagna</li> <li>• <b>Guru-ratna = "Pushkara-raj-ratna" = yellow sapphire = well recommended</b></li> </ul>
<p><b>Cautionary Vimshottari Dasha periods</b>  <b>GURU</b></p>	<p>Guru =12<sup>th</sup> from Surya + Shukra + Budha</p> <ul style="list-style-type: none"> <li>• Periods of Surya- Guru, Shukra- Guru, and Budha- Guru generally share an effect of exhaustion of the life-force vitality.</li> <li>• These periods are marked by an energy shift into the dreamlike, private, less visible practice of meditation and prayer.</li> <li>• Surya- Guru, Shukra- Guru, and Budha- Guru periods are auspicious for foreign travel, sanctuary healing work, and other activities that involve the temporary loss of bright personality identity so that one may focus more on the non-fleshly developments of the soul</li> </ul>



<p>Instructions for application:</p> <p><b>Flawless Yellow Sapphire = “pukhraj” = Guru-ratna</b></p>	<ul style="list-style-type: none"><li>• Set in gold.</li><li>• Place on the <b>index finger of the right hand,</b></li><li>• on a <b>Thursday,</b><ul style="list-style-type: none"><li>○ <u>within an hour of sunrise.</u></li></ul></li><li>• Chant the Guru mantra. "<b>Aum brim brihaspataye namah</b>"</li><li>• Repeat 108 times</li></ul>
<p>Instructions for application:</p> <p>Dr. G.S. Kapoor, <b>Gems and Astrology,</b> Ranjan Pub, Delhi. 1994, p. 108</p>	<p><i>"...Yellow Sapphire should always be got set</i></p> <ul style="list-style-type: none"><li>• <i>in a gold ring</i></li><li>• <i>on a Monday or Thursday.</i></li></ul> <p><i>The weight</i></p> <ul style="list-style-type: none"><li>• <i>should not be less than three carats.</i></li><li>• <i>It should not be of 6, 11 or 15 carats.</i></li></ul> <p><i>After observing the usual rituals and reciting the following mantra 108 times,</i></p> <p><i>the ring may be worn</i></p> <ul style="list-style-type: none"><li>• <i>in the ring finger of the right hand</i></li><li>• <i>on a Thursday morning</i></li><li>• <i>of the bright half of the lunar month.</i></li></ul> <p><i>The substitutes for Yellow Sapphire are</i></p> <ul style="list-style-type: none"><li>• <i>Yellow Pearl, Yellow Zircon, Yellow Tourmaline, Topaz and Citrine (Quartz Topaz).</i></li></ul> <p><i>Important:</i></p> <ul style="list-style-type: none"><li>• <i>Diamond, Blue Sapphire, Gomedha, and Cat's Eye should never be worn with Yellow Sapphire."</i></li></ul>



<b>Shukra</b>	
<b>Observations</b>  <b>SHUKRA</b>	<ul style="list-style-type: none"><li>• Shukra = <b>L-7</b> and <b>L-12</b> from Vrischika lagna</li><li>• Shukra = <b>L-3</b> and <b>L-10</b> from Simha-Chandra</li><li>• Shukra = <b>L-4</b> and <b>L-11</b> in navamsha</li><li>• neechchamsha moudhya Shukra</li><li>• accepts no graha drishti</li><li>• Shukra = yuti Budha + Surya</li></ul>
<b>Ratna Prescription</b> <i>Hira</i>	<ul style="list-style-type: none"><li>• Shukra = does not rule a trinal house (not 1, not 5, not 9)</li><li>• Shukra = not a weak benefic</li><li>• <b>Diamond = not recommended</b></li></ul> <p><b>Seva</b> = selfless service</p> <ul style="list-style-type: none"><li>• = offered to those who need help with community development and economic participation will be more useful and effective than a gem in this case. Seva for women (Shukra) in community organizations is recommended to rebalance the weakened Shukra.</li></ul>
According to:  Dr. G. S. Kapoor. (1994). <i>Gems and Astrology</i> . Ranjan Pub., New Delhi. p. 112	<p><i>"For the Scorpio Ascendant,</i></p> <ul style="list-style-type: none"><li>• <i>Venus is lord of the 7th and the 12th.</i></li></ul> <p><i>Moreover, Mars, lord of this ascendant,</i></p> <ul style="list-style-type: none"><li>• <i>is not a friend of Venus.</i></li></ul> <p><i>It will, therefore, not be advisable for the natives of this Ascendant to wear Diamond</i></p> <ul style="list-style-type: none"><li>• <i>even when Venus is in his own sign in the 7th and the 12th."</i></li></ul>
<b>Cautionary</b> <b>Vimshottari Dasha</b> <b>periods</b> <b>SHUKRA</b>	<p>Shukra = 8<sup>th</sup> from Ketu</p> <ul style="list-style-type: none"><li>• Periods of Ketu- Shukra suggest sudden changes of identity linked to a cycle of self-destruction and rebirth.</li><li>• The major period of Ketu- Shukra occurs very late in life.</li></ul>



<b>Shani</b>	
<p><b>Observations</b></p> <p><b>SHANI</b></p>	<ul style="list-style-type: none"> <li>• Shani = Lord of 3 and 4 from Vrishchika lagna</li> <li>• Shani = lord of 6 and 7 from Simha-Chandra</li> <li>• Shani = lord of 7 and 8 from navamsha lagna</li> <li>• Shani accepts graha drishti from Mangala</li> <li>• Shani yuti no graha</li> </ul>
<p>According to Dr. G. S. Kapoor. (1994). <i>Gems and Astrology</i>. Ranjan Pub., New Delhi. p. 116</p>	<p><i>"For the Scorpio Ascendant,</i></p> <ul style="list-style-type: none"> <li>• <i>Saturn is lord of the 3rd and the 4th houses.</i></li> <li>• <i>Saturn is considered as a neutral planet for this Ascendant....</i></li> </ul> <p><i>But <b>Red Coral, Pearl and Yellow Sapphire</b> are much more appropriate gem stones for this Ascendant."</i></p>
<p><b>Ratna Prescription</b></p> <p><i>neelam</i></p>	<p>Shani does not rule a trinal house (not 1, not 5, not 9).</p> <ul style="list-style-type: none"> <li>• Movement-resistant Shani sees Mangala the Mover as a bitter enemy</li> <li>• Furthermore, Shani is a highly problematic governor of 6 (imbalance, injury) and 7 (saturation, less movement) from the Simha Chandra lagna</li> <li>• It is not recommended for you, Saraswati, to wear the gemstone Blue Sapphire.</li> </ul> <p><b>Seva = selfless service</b></p> <ul style="list-style-type: none"> <li>• = recommended in lieu of a gem. Seva is always effective. Target beneficiaries include homeless (4) and those deprived of schooling due to excessive movement</li> </ul>
<p><b>Cautionary</b></p> <p><b>Vimshottari Dasha periods</b></p> <p><b>SHANI</b></p>	<p>Shani = 12<sup>th</sup> from Surya + Shukra + Budha</p> <ul style="list-style-type: none"> <li>• Periods of Surya- Shani, Shukra- Shani, and Budha- Shani generally share an effect of exhaustion of the life-force vitality combined with an energy shift into the private, less visible practice of meditation and prayer.</li> <li>• Surya- Shani, Shukra- Shani, and Budha- Shani periods are auspicious for foreign travel, sanctuary healing work, and other activities that involve the temporary loss of bright personality identity so that one may focus more on the non-fleshy developments of the soul</li> </ul>



<b>Rahu</b>	
<b>Observations</b> <b>RAHU</b>	<ul style="list-style-type: none"> <li>• Rahu occupies bhava-10 yuti no graha</li> <li>• Rahu's lord = Kanya-Surya in gainful 11</li> <li>• Rahu accepts no graha drishti</li> </ul>
<b>Ratna Prescription</b> <b>Gomedha</b>	<ul style="list-style-type: none"> <li>• Rahu can produce good results in upachaya bhava 3, 6, 10, or 11</li> <li>• <b>Gomedha</b> is recommended *optionally* during the Rahu mahadasha and the Guru mahadasha – but <i>Gomedha must be chosen consciously</i>.</li> <li>• If you choose to wear the Gomedha, remove gomedha during mahadasha of Shani and Mahadasha of Budha. Gomedha can however be worn during Mahadasha of Ketu.</li> <li>• If you choose to wear the gomedha, remove all other gems and concentrate only on the gomedha's signal which supports the agency of dramatic unconventional charismatic actions in leadership and social regulatory placements.</li> </ul>
<b>Further observation and caution</b>	<p>Gomedha is only for the adventurous.</p> <p>Rahu benefits those who fundamentally embrace a lifestyle of challenge to the social order and the exhilarating opportunity for personal risk.</p> <p>Such persons can become game-changing agents who help upset overly rigid and discriminatory social orders. However the lifestyle of Rahu-10 is subject to great volatility.</p> <ul style="list-style-type: none"> <li>• Gomedha can help to publicize (10) your political ambitions (Rahu) as a champion of the downtrodden and ostracized classes. However gomedha can also bring personal emotional instability (eclipse of Moon).</li> <li>• For you Saraswati with Chandra + Rahu (similar to Mahatma Gandhi and UK Prince Charles) there is lifetime emotional volatility caused by strong feelings and strong ambitions.</li> <li>• You could choose to amplify the ambitions for material political (Simha) results or you could choose not to amplify .</li> </ul> <p>For Chandra's natural rhythmic calming purpose, the Pearl is more helpful.</p> <p>Ruby = manika = for strengthening L-10 Surya will indirectly fortify Rahu as well.</p>



<p><b>Instructions for application:</b></p> <p><b>GOMEDHA</b></p> <p>According to Dr. G. S. Kapoor. (1994). <i>Gems and Astrology</i>. Ranjan Pub., New Delhi. p. 121</p>	<p><i>"The Gomedha should be worn</i></p> <ul style="list-style-type: none"> <li>• <i>in the middle finger or little finger</i></li> <li>• <i>in a ring of Ashta Dhatu (alloy of eight metals or silver if Ashta Dhatu is difficult to get)</i></li> <li>• <i>before Sunset</i></li> <li>• <i>on a Wednesday evening</i></li> </ul> <p><i>After observing the usual rituals</i></p> <ul style="list-style-type: none"> <li>• <i>and reciting the following mantra 108 times: <b>Aum ram ravahe namah</b></i></li> </ul> <p><i>The weight of the gem stone</i></p> <ul style="list-style-type: none"> <li>• <i>should not be less than six carats.</i></li> </ul> <p><i>As far as possible</i></p> <ul style="list-style-type: none"> <li>• <i>genuine Sri Lanka Gomedha (of Zircon group) should be used.</i></li> </ul> <p><i>Substitute is</i></p> <ul style="list-style-type: none"> <li>• <i>Hessonite Garnet. "</i></li> </ul>
<p><b>Instructions for application:</b></p> <p>(Saturday is preferred rather than Wednesday)</p>	<ul style="list-style-type: none"> <li>• Set in silver.</li> <li>• Place on the second finger of right hand,</li> <li>• on a Saturday.</li> <li>• Chant the Rahu mantra = "<b>Aum ram ravahe namah</b>"</li> <li>• Repeat 18 times</li> </ul>
<p>Cautionary Vimshottari Dasha periods</p> <p><b>RAHU</b></p>	<p>Rahu =12<sup>th</sup> from Surya + Shukra + Budha</p> <ul style="list-style-type: none"> <li>• Periods of Surya- Rahu, Shukra- Rahu, and Budha- Rahu generally share an effect of exhaustion of the life-force vitality combined with an energy shift into the private, less visible practice of meditation and prayer.</li> <li>• Surya- Rahu, Shukra-Rahu, and Budha- Rahu periods are auspicious for foreign travel, sanctuary healing work, and other activities that involve the temporary loss of bright personality identity so that one may focus more on the non-fleshly developments of the soul</li> </ul>



<b>Ketu</b>	
<p><b>Observations</b></p> <p><b>KETU</b></p>	<ul style="list-style-type: none"> <li>• Ketu occupies 4th radix in a rashi of Shani</li> <li>• Ketu takes drishti of Shani + Rahu + Guru + Chandra</li> <li>• Ketu is the least balanced of all the graha in the nativity, and without conscious attention to mental narrative Ketu can become a source of agitated thoughts.</li> <li>• Ketu is capable of generating some very brilliant ideas in the world of schooling, home-making, and sheltering. However typically with Ketu the ideas, however remarkable, are never carried out unless another person steps in to make these ideas into reality. Ketu is a scattering force.</li> <li>• The Ketu mahadasha, associated with dry-up-and-blow-away, occurs during very old age when you may feel quite brittle and welcome the opportunity to pass over into the astral realm.</li> </ul>
<p><b>Ratna Prescription</b></p>	<ul style="list-style-type: none"> <li>• <b>Vaidurya = chrysoberyl = Ketu-ratna = not recommended.</b></li> <li>• Teaching and sheltering Seva will be helpful during Ketu periods</li> </ul>
<p><b>Cautionary Vimshottari Dasha periods</b></p> <p><b>KETU</b></p>	<p>Ketu = 6<sup>th</sup> from Budha + Surya + Shukra</p> <ul style="list-style-type: none"> <li>• Periods of Budha –Ketu, Surya-Ketu, and Shukra-Ketu may produce health challenges due to “vata” complications of dryness, scattered mental attention, and instability in the home or school environment.</li> <li>• A qualified Ayurvedic physician can recommend helpful adjustments to diet, lifestyle, and oil massage to assist in calming and rebalancing during these ungrounded times.</li> </ul> <p>Ketu = 8<sup>th</sup> from Mangala</p> <ul style="list-style-type: none"> <li>• Periods of Mangala-Ketu can involve sudden, forced changes of home base, change of passport, or other affect to the roots or the residence. These periods are very brief and the major occurrence has passed = 2002.</li> </ul>



## IN SUMMARY

Saraswati, the Jyotisha gem recommendations for your nativity are:

1. **Flawless Ruby** = *manika* = supports L-10 Surya
2. **Flawless Pearl** = *moti* = supports L-9 Chandra
3. **Flawless Red Coral** = *moonga* = supports L-1 Mangala
4. **Flawless Yellow Sapphire** = *pushkara-raj* = supports L-5 Guru
5. **Optionally: flawless Hessonite Quartz** = *gomedha* = supports Rahu in 10

## PRIORITY

1. **Flawless Ruby** = **for the present Rahu mahadasha**, the Surya-ratna will be exceptionally beneficial during mahadasha of Budha = age 24-42. Because Surya is the lord of Simha Chandra, the Ruby also supports Chandra. The *manika* may be worn continuously during Rahu mahadasha and Guru Mahadasha. Since Surya is lord of Shani, it is OK to continue wearing the Ruby during Shani Mahadasha, and going forward throughout Budha Mahadasha. Remove the ruby at the onset of Ketu mahadasha at your age 94.
2. **Optionally: flawless Hessonite Quartz** = *gomedha* = applicable only during the present mahadasha of Rahu. Please read the advice and cautions mentioned in the Rahu section of this recommendation. If you choose to wear Gomedha it is essential to purchase a large (more than 6 carats) and pure stone and to purify ritually according to instructions. If the subtle psychic signals emitting from the Rahu-ratna seems jarring or erratic, the Gomedha should be removed and replaced with a Ruby, or better yet a commitment to offer Seva should be undertaken with beneficiaries to include the politically disenfranchised classes.
3. **Flawless Pearl** = *moti* = entirely suitable for the present nativity. Natural Pearls are reasonably affordable and it would be good practice to enjoy a Pearl pendant designed to touch the *anahata* heart-chakra throughout the lifetime. However the mahadasha of Chandra has passed therefore Pearl is entirely optional as a general asset toward mental calmness. As always a dedication to Seva on behalf of women and children (Chandra, mothers) can be more effective than even the most precious gem.



4. **Flawless Yellow Sapphire = *pushkara-rajā*** may bring an attitude of cheerful optimism into the aura of the graha yuti Guru = Shani + Chandra + Rahu. Also, Brihaspati yuti Chandra and Guru rules the auspicious 5<sup>th</sup> from the Chandra lagna. Therefore a yellow sapphire helps Chandra who represents emotional stability. The *pushkara-rajā-ratna* may be worn continuously during Rahu Mahadasha and Guru Mahadasha. Since Guru is a neutral of Shani, it is OK to continue wearing the yellow sapphire during Shani Mahadasha. However, Guru and Budha are not friendly; remove the yellow sapphire during Budha Mahadasha and do not replace until the end of Shukra mahadasha (at which time you should be resting comfortably in the astral plane).
5. **Flawless Red Coral = *moonga*** . Mangala the lagnesha is debilitated but Kuja occupies a very good bhava, the house of dharma. Strengthening Mangala will help to promote vitality, protect during travels, and clarify the philosophical viewpoint. For this nativity, Saraswati, the Mangala-ratna Red Coral works best when paired with yellow sapphire. Red Coral alone has the potential to exacerbate Mangala's role as the lord of *satkona* who promotes disagreements. The ideal configuration of jewels would be set in gold in the Jyotisha style so that the gems touch the skin of the heart chakra: a pendant containing yellow sapphire + ruby + red coral + pearl. This is clearly an expensive undertaking, and it is only an ideal. Any combination of red coral with yellow sapphire set in gold will be beneficial to health and wealth.

## SEVA

- Jyotisha remedial ratna are generally expensive, due to world marketing of ornamental luxury gems.
- Therefore it may be advisable to choose a path of Seva in preference to using gems, at least until one has acquired sufficient wealth to justify a precious gem investment.
- All planetary imbalances, without exception, may be corrected by means of selfless service to those immediately below one's own station in life.
- Seva is always effective for improving the intelligence and transforming ignorance into wisdom.
- For the purpose of fortifying graha that do not qualify for remedial gem application, offering Seva consistently as a form of self-education will correct all planetary deficiencies.
- Seva on behalf of the less fortunate is guaranteed to improve one's quality of life
- Seva is always free.



## QUALITY AND HANDLING OF GEMS

Flawless gems are expensive. Purchasing decisions should be made in consultation with a trusted Vedic-trained gemologist. It might be easiest to start with a single gem of modest size, and combine the recommended ratna as your finances allow.

For all remedial gemstones, be sure to cleanse the stone energetically with extreme attention to proper mantra. According to Dr. G.S. Kapoor in *Gems and Astrology* (1994, p 91)

*“It is very important for all gem stones that before wearing them they should be kept immersed for sometime in unboiled milk or Ganges water.*

*Afterwards the stones should be worshipped with flowers and incense, and the Mantras of the planets should be recited 108 times.”*

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Saraswati, I hope you enjoy this Jyotisha gem prescription and the attached Jyotisha nativity with Vimshottari Dasha timeline in PDF format.

Wishing you best success in Jyotisha studies.

Sincerely,

***Barbara Pijan Lama, Jyotisha***

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NB: **Gem photos:** several reputable Jyotisha ratna jewelers have websites that depict attractive remedial gem settings for both men and women.

- Jay Boyle = <http://www.astrologicalgem.com/jyotish-jewelry.php> shows some lovely examples of single and combined gem settings.
- Bill Kent = <http://www.jyotishgem.com/jyotishyellowsapphiresw.html> has some stunning photos of Sri Lanka sapphires and many other beautiful pure Jyotisha ratna. I bought a sapphire from Bill and was very pleased.
- Ron Ringsrud = <http://www.emeraldmine.com/jyotish.htm> is particularly expert in Emeralds.
- Richard Shaw Brown = <http://www.agt-gems.com> shows many examples of Jyotisha-ratna and other cultural valuables -- to inspire the imagination.