



JYOTISHA GEM RECOMMENDATION

Name	Professional Businessman, Husband and Father
Gender	Male
Date of Birth	28 January 1958
Time of Birth	15:17 hrs (3:17 p.m.)
Place of Birth	Pinecastle Air Force Base, Florida

Namaste _____ :

It is important to appreciate that gems do not possess 'magical' powers, and superstition toward gemstones is not warranted. Flawless gems, which are properly energized by mantra and positive intention, have a "signal-repeater" capacity similar to a radio crystal.

HOW JYOTISHA GEMSTONES WORK

Positioned at sensitive points along the body's psychic nerve system, gems can strengthen and repeat the higher thoughts which one is consciously or unconsciously thinking and believing. Therefore the nature of the thoughts and beliefs which one holds are critically important to getting successful results from wearing a flawless gemstone.

Each person is born with a 'default' set of beliefs and expectations. Each graha represents an area of belief. For example, Shani manifests beliefs about material survival; Shukra carries out beliefs about pleasure; Mangala expresses beliefs about physical action; and Surya plays out beliefs about divine creativity and intelligence.

Each graha rules a particular *amsha*, receives drishti, and has other specialized characteristics which determine the beliefs and expectations that the native will carry into this life. With sufficient spiritual attention, these thoughts are fully capable of rejuvenation and



improvement at the source. However, most people will operate with an essentially unchanging, repetitive set of inborn subconscious expectations, throughout their busy lives.

Gem prescriptions are made on the presumption that the karma of habitual thought and belief will remain largely unchanged during the person's life. However, it is important to appreciate that this karma (the mandate to act and react) can be changed through reflective intention at any time.

Nevertheless, the compulsion toward repetitive, culturally-reinforced thought is so strong that most people indeed do not take the initiative to change it. Therefore, for better or for worse, gem prescriptions based on the condition of the planets at birth do tend to be quite accurate.

PHILOSOPHY OF GEM PRESCRIPTION

There is a school of Jyotisha practice which philosophizes that strengthening a naturally malefic graha is an effective method of reversing its karma. I do not agree with this school of thought. My understanding is that the remedial power of gemstones consists in the ability of a pure, flawless, non-heat-treated gem to conduct and amplify our subconscious expectations.

Our most subtle thoughts are very fine-granulation. We are not normally even aware that we are repeating a pattern of thoughts and expectations constantly, day-in and day-out. However this subtle pattern of imagery and instruction is going on all the time. The power of the gems is to pick up these subtle thoughts similar to the way a radio crystal picks up a radio signal, then amplifies that signal so we can hear it.

Each graha has its own program of thoughts and instructions carried over from past lives into the current life. I believe it is beneficial to strengthen the instructions which come from subha-graha, but it is never beneficial to strengthen the instructions which are emitting from the papa-graha.

WEAK BENEFICS ONLY (“Negative Method”)

My gem prescription policy is to **strengthen weak natural or temporal benefics only.**

If a graha has the good qualities of a trine lord (1, 5, or 9) which could benefit from a little boost, the traditional rules of Jyotisha suggest that – under appropriate circumstances (proper intention, proper energizing of the gem, and correct timing of application) – a gem can help



strengthen positive outcome from the good thoughts which guide the action of the graha action in this lifetime.

Let's have a look at the graha in your kundali, _____, to determine which gemstones might be beneficial for you.

Radix lagna	2 nd quarter (pada) of Arudra nakshatra, ruled by Rahu
Chandra	4 th quarter (pada) of Bharani nakshatra, ruled by Shukra
Swamsha	Uttarashadha nakshatra
Atmakaraka	Shani
Karakamsha	domain-10 = Meena

Surya

Observations

- Lord of 3rd bhava from Mithuna lagna
- Lord of 5th from Mesha-Chandra
- Surya occupies Makara rashi = domain-8
- Surya = lord of 8th navamsha
- Surya occupies 10th-from-Soma; yuti Shukra
- Surya receives Parashari drishti of Shani
- Surya = L-3 = does not rules a trine house (trikona)
- Therefore Surya in Makara/8 does not qualify as a weak benefic.

Advice

Ruby = Ravi-ratna (manika) = not recommended.

Exceptions

None.

Instructions

None.



Chandra

- Observations
- Lord of 2nd bhava from Mithuna lagna
 - Chandra occupies Mesha rashi = domain-11
 - Chandra = lord of 7th navamsha = significator of the spouse
 - Chandra receives Parashari drishti of L-7/L-10 Guru and Rahu.
 - A gainful career in advising and negotiation involves exotic or forbidden circumstances.
 - Chandra = yuti Ketu,
 - provides a permanent attitude of emotional detachment – particularly regarding matters of financial wealth.
 - The family of origin, although gainful, are a bit odd.
 - As L-2, Chandra is not a trikona lord .
 - Not a weak benefic.

Advice **The Chandra-ratna = *Moti* = flawless natural Vedic pearl = not recommended.**

Exceptions None.

Instructions None.



Mangala

- Observations
- Lord of 6 and 11 from Mithuna lagna
 - Lord of 1 and 8 from Mesha Chandra.
 - Mangala occupies 9th-from-Chandra
 - Mangala occupies 7th-from- Mithuna lagna (= significant “Kuja Dosha”).
 - No incoming Parashari drishti
 - Mangala = yuti L-1/L-4 Budha
 - Mangala casts a high-vitality drishti upon Mithuna lagna = strong life force!
 - Mangala does not rule a trikona (houses 1, 5, or 9)
 - It is not recommended to strengthen because Kuja is not a weak benefic.

Advice Mangala-ratna, the **flawless** Coral (Moonga) = not recommended.

Exceptions None.

Instructions None.



Budha

- Observations
- Lord of domain 1 and 4 from Mithuna lagna
 - L-3 and L-6 from Mesha Chandra
 - Budha receives no incoming Parashari drishti
 - Budha occupies 9th-from-Soma
 - Budha occupies 7th from Mithuna lagna
 - Budha = yuti the adversarial L-6/L-11 Mangala. Kuja = also L-8 from Chandra
 - Because Budha is the always-auspicious lagnesha (lord of Mithuna lagna) Budha becomes a weak benefic.
 - Budha's portfolio will be easier to accomplish when Mangala negative influence is counteracted.
 - Therefore, emerald is recommended.

Advice **Budha-ratna emerald (panna) = recommended for you, _____, at any time.**

- Exceptions:** Budha occupies 12th from Shukra and 12th from Surya.
- During their bhukti periods, graha in the 12th-from position may have a draining or de-vitalizing effect.
 - Therefore if you notice a lack of vitality or a pattern of material losses during the Vimshottari Dasha periods of Shukra-Budha or Surya-Budha, temporarily remove the emerald until beginning of the subsequent (Ketu) bhukti.



Instructions **Emerald (*panna*) for Budha**

- Set in gold. (no zinc)
- Place on the **4th finger of the right hand**
- on a **Wednesday**.
- Chant Budha mantra. "***Aum bum bhudaya namah***" * Repeat *nine* times

According to Dr. G.S. Kapoor (1994, p 95)

"...The weight of Emerald should not be less than three carats. Emerald is an expensive stone.

Those who cannot afford to buy an Emerald may use any of these substitutes—Aquamarine, Peridot, green zircon, green Agate or Jade; but the Jade which is sold in the market for Rs 1 or Rs 2 a piece is of no use.

Important: Emerald and its substitutes should never be worn with Red Coral...Yellow Sapphire and their substitutes."

SAMPLE



Guru

- Observations
- Brihaspati = lord of 7 and 10 from Mithuna lagna (kendra adhipati dosha)
 - Brihaspati = L-9 and L-12 from Mesha Chandra
 - Guru resides in putra bhava = Thula = rashi of enemy Shukra
 - Guru receives Parashari drishti from Chandra, and He = yuti Rahu
 - Career qualities include ability to give and receive advice and counsel.
 - Emotionally the native enjoys professional work.
 - Also one can work with foreigners and within ‘taboo’ or exotic situations.
 - Guru does not rule a trinal house from lagna and therefore Brihaspati does not qualify as a weak benefic.

Advice **Guru-ratna = “Pukhraj” = yellow sapphire” = not advised.**

Exceptions None.



Shukra

Observations

- Shukra = L-5 and L-12 from Mithuna lagna
- Shukra = L-2 and L-7 from Mesha Chandra
- Shukra receives incoming Parashari drishti of friendly Shani
- Shukra occupies domain-8 Makara, a friendly rashi
- Shukra gains auspice as the lord of Chandra's nakshatra, Bharani
- Shukra occupies 10th-from-Chandra, a strong professional location
- As lord of domain-5, a trinal house, Shukra becomes a weak benefic.
 - Shukra's ability to complete the work of His portfolio is very much compromised by Shukra's proximity to enemy Surya.
- Shukra = "moudhya" (asta) = combust, a state of debility.
- Shukra is also generally uncomfortable in domain-8, a natural house of Mangala.
 - Marriage is slightly harmed
 - Women and marital activities tend to become secretive, on the part of both spouses.
 - However Shukra is so weak that this pattern is probably not morally harmful.
 - There is however a strong preference for privacy in relationships, as Shukra = L-12.
 - On the plus side, Shukra in 10th-from-Chandra = the career may flourish in specialty handling of confidential or publicly undisclosed information..
- Shukra's potency = strengthened by drishti from friendly Shani, the temporal owner of randhra bhava who provides a structuring, regulatory support.
- By virtue of lordship of domain-5, a bhagya house of good fortune, Shukra despite His handicaps becomes a weak benefic.

Advice

Shukra-ratna, the Diamond = enthusiastically recommended for this nativity.

Exceptions (none)

- Shukra does not occupy the 6th, 8th, or 12th from any graha;
- therefore Diamond may be worn throughout the lifetime.



Instructions Diamond (*Hira*) for Shukra

- Set in silver, white gold, or platinum.
- Place on the **little ("pinkie") finger or the middle ("ring" finger) of right hand,**
- **on a Friday.**
- Chant Shukra mantra. "**Aum Shum Shukraya namah**"* Repeat 16 times

According to Dr. G.S. Kapoor (1994, p 113)

*"... Diamond is very expensive stone. It will, therefore, do if a Diamond of minimum weight of 1 - 1/2 carats is used. It should be set in platinum or silver ring and worn in the **little finger of the right hand.**"*

The ring should be worn after observing the usual rituals and reciting the following mantra 108 times on a Friday morning of the bright half of the lunar month:

The substitutes for Diamond are White Sapphire, White Zircon and White Tourmaline. The weight of these [substitute] stones should not be less than 3 or 4 carats. The cheapest substitute (costing about a rupee per carat) is White Rock Crystal (Sphatik). This stone, if worn, should be of 11 carats.

Important: Diamond should never be worn along with Ruby, Pearl, Red Coral and Yellow Sapphire. "



Shani

Observations

- Shani = lord of 8 and 9 from Mithuna lagna
- Shani = lord of 9 and 10 from Mesha Chandra
- Shani = Atmakaraka
- Shani = lord of Makara navamsha lagna
- Thus Shani = the highly auspicious “**double L-9**” + **Atmakaraka** + lord of **swamsha** (navamsha lagna) for this nativity.
 - The native is well-served by austerity, personal discipline, attention to structural details, lawfulness, and regularity in all aspects of life.
- Shani receives no incoming Parashari drishti
- Shani resides in domain-6 Vrischika, a dusthamsha and a hostile rashi
- Shani resides in 12th-from His lord Mangala
- Shani rules the highly auspicious dharma bhava = trine house-9.
- Therefore Shani becomes a weak benefic. (The weakness is due to His other house, randhra bhava.)

Advice

It is enthusiastically recommended for you, _____, to wear the Blue Sapphire for Shani.

Exception (none)

Shani occupies the 12th from Mangala and the 12th from .

- During their bhukti periods , graha in the 12th-from position may have a draining or de-vitalizing effect.
- Therefore if you notice a lack of vitality or a pattern of material losses during the Vimshottari Dasha periods of Mangala-Shani or Budha-Shani, temporarily remove the blue sapphire until beginning of the subsequent (Budha) bhukti.



Instructions **Blue Sapphire (Neelam) for Shani**

- Set in silver or platinum. (-or- steel or Ashta Dhatu.)
- Place on the **second finger of right hand (adjacent to index finger)**
- on a **Saturday**
- Chant Shani mantra. "**Aum sham shanaiascaraya namah**"* Repeat 23 times

According to Dr. G.S. Kapoor (1994, p 118)

"... Blue Sapphire should be got set in a ring of steel. (If that is not possible Ashta Dhatu should be used.)

On a Saturday (or Friday) and after observing the usual rituals and reciting the following mantra 108 times, the ring should be worn in the middle finger of the right hand on a Saturday two hours before Sunset.

The Blue Sapphire should be of at least 5 carats. The substitutes for Blue Sapphire are Blue Zircon, Amethyst, Blue Tourmaline, Lapis Lazuli, Blue Spinel and Neeli.

Important: Ruby ... or Yellow Sapphire should never be worn along with Blue Sapphire."



Rahu

- Observations
- Rahu occupies domain-5 yuti Guru
 - Rahu will amplify the effect of His planetary lord and any graha which are Rahu's co-tenants in the house
 - Rahu will amplify first L-7/L-10 Guru and second L-5/L-12 Shukra
 - From Mithuna lagna, Rahu contributes a favorable influence onto career (7, 10 via Guru) and children (5, via Shukra)
 - From Mesha Chandra, Rahu contributes a favorable influence onto religion and world travel (9, 12 via Guru) and wealth and marriage (2, 9 via Shukra).
 - In general Rahu is well positioned in 5th-from-lagna and 7th-from-Chandra. Rahu also occupies a somewhat favorable position in navamsha lagna (albeit in the rashi of His enemy Shani.)
 - Periods of Rahu predominantly encourage the career.
 - Since the career magnification of Rahu matches the Vimshottari period age 27-45, and this is a time in life when a young man naturally wishes to earn respect in his professional endeavors, the Rahu ratna is cautiously recommended during Rahu mahadasha.
 - In addition, Rahu is the amplifier of Guru. It is true that Guru suffers from kendra-adhipati-dosha, which means that Brihaspati does not rule any trinal house in the kundali.
 - However, Guru does rule 9th from Chandra.
 - Therefore Guru is not a harmful influence on the nativity, but rather a neutral lord.
 - Gomedha may be worn continuously throughout the Rahu mahadasha and the subsequent Guru mahadasha.

Advice **Gomedha is recommended, with restrictions.**



Exception

- Wear during Rahu mahadasha and Guru mahadasha only.
- Remove promptly at onset of Shani Mahadasha.
- Gomedha should NOT be worn close to Shani-ratna at any time.
- Gomedha should NOT be worn close to Budha-ratna at any time.
- Gomedha can however be worn close to Shukra-ratna.
- **If Gomedha is worn at the same time as other gems**, place the Gomedha in a ring on the opposite hand from the other stones, or wear the Gomedha as the sole stone in a Jyotisha-set pendant.

Instructions

Hessonite quartz or Orange Zircon (*Gomedha*) for Rahu

- Set in gold.
- Place on the **second finger of right hand**,
- on a **Saturday**.
- Chant Rahu mantra. "**Aum ram ravahe namah**" * Repeat 18 times

According to Dr. G.S. Kapoor (1994, p 121)

"... The Gomedha should be worn in the middle finger or little finger in a ring of Ashta Dhatu (alloy of eight metals or silver if Ashta Dhatu is difficult to get) before Sunset on a Wednesday evening after observing the usual rituals and reciting the following mantra 108 times.

The weight of the gem stone should not be less than six carats.

As far as possible genuine Sri Lanka Gomedha (of Zircon group) should be used. Substitute is Hessonite Garnet. "



Ketu

- Observations**
- Ketu occupies domain-11 yuti Chandra.
 - Ketu will amplify the effect of His planetary lord and any graha which are Ketu's co-tenants in the house
 - Ketu will amplify first L-2 Chandra and second L-6/L-11 Mangala
 - From Mithuna lagna, Ketu contributes a mixed influence of competitiveness mixed with animosity (6, 11 via Mangala) and possibly a spiritualizing of family life (2, via Chandra).
 - However typically the spiritualizing is experienced mainly as a style of emotional disengagement or apathy.
 - From Mesha Chandra, Ketu contributes an eccentric and detached influence onto the personality (1 via Chandra).
 - In general Ketu is a malefic influence and unless His co-tenants and lord rule truly excellent bhava, it is not a good idea to increase Ketu's vibrations via gemstone.

Advice

No vaidurya is recommended.

Exception

None.



In conclusion, _____, the gem recommendations for your nativity are:

1. **Emerald (*panna*) for Budha**
2. **Diamond (*Hira*) for Shukra**
3. **Blue Sapphire (*Neelam*) for Shani**
4. **Hessonite quartz or Orange Zircon (*Gomedha*) for Rahu – with special caveat**

FINAL NOTES:

Flawless gems are expensive and hard to find. Use only a trusted Vedic-trained gemologist. It might be easiest to start with single gem and combine them as your finances allow.

For all remedial gemstones, be sure to cleanse the stone energetically with extreme attention to proper mantra.

According to Dr. G.S. Kapoor (1994, p 91)

" It is very important for all gem stones that before wearing them they should be kept immersed for sometime in unboiled milk or Ganges water.

Afterwards the stones should be worshipped with flowers and incense, and the Mantras of the planets should be recited 108 times."

I hope you enjoy this Jyotisha gem prescription and the attached Jyotisha nativity with Vimshottari Dasha timeline in PDF format.

Wishing you best success in Jyotisha studies, _____.

Sincerely,

Barbara Pijan Lama, Jyotisha

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